

Virtual Art Therapy Assisted Re-Integration to Improve Biopsychosocial Outcomes in Adolescent and Young Adult Cancer Survivors, AVATARS Trial

NCT07089927

Status	RECRUITING
Phase	Not Applicable
Sponsor	Mayo Clinic
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (5)

- If young adult- aged 18-25 years of age at the time of enrollment and able to provide informed consent, if adolescent- aged 10-17 years at the time of enrollment and able to provide
- Mild or greater depression \[Patient Health Questionnaire (PHQ-A) score ≥ 5 \]
- Received a cancer diagnosis during the past year, or completed cancer treatment within the past five years (extended survivorship)
- Have access to an electronic device which supports virtual videoconferencing (e.g., personal device or public library access)
- Able to read and write in English

Exclusion (2)

- Visual or cognitive impairment which may impede completing the art project or the data collection measures
- Endorsed suicidality (via PHQ-A or otherwise)

Locations (2 total)

- Mayo Clinic in Arizona, Scottsdale, Arizona, United States
- Mayo Clinic in Rochester, Rochester, Minnesota, United States