

Instrument-Assisted Soft Tissue Mobilization Versus PNF Stretching in Athletes With Piriformis Syndrome

NCT07090356

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (6)

- Professional Athletes aged 18 to 35 years.
- Chronic pain in the buttock and hip area.
- Inability to sit for a prolonged time.
- Athletes having positive Faber test
- Both male and female athletes
- ... and 1 more (see full listing online)

Exclusion (5)

- Trauma history from last 6 months.
- Other injuries excluding hip pain.
- Systemic illness.
- Pre-existing neurological conditions affecting the lower limbs
- History of lower back surgery

Locations (1 total)

Pakistan Sports Board, Lahore, Punjab Province, Pakistan