

Exercise Intervention as Treatment for People Using Cannabis (EXIT-C)

NCT07091292

Status	RECRUITING
Phase	Not Applicable
Sponsor	The University of Hong Kong
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (6)

- Young adults of 18-40 years old
- Able to read and communicate in English and/or Chinese
- Able to give informed consent
- Using cannabis or marijuana as the primary psychoactive substance of abuse
- Suffering from cannabis addiction, defined by:
... and 1 more (see full listing online)

Exclusion (6)

- Age \lt 18 or \gt 40 years old
- Unable to read English or Chinese
- Unable to give informed consent
- Absolute and/or relative contraindications to exercise training as indicated by the Physical Activity Readiness Questionnaire for Everyone (PAR-Q+) and the electronic Physical Activity Readiness Medical Examination (ePARmed-X+)
- Had been diagnosed with the following disorders, including:
... and 1 more (see full listing online)

Locations (1 total)

Queen Mary Hospital, Hong Kong, Hong Kong