

Food Insecurity and MASLD: A Fruit and Vegetable Intervention Study

NCT07091539

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of California, San Francisco
Enrollment	48 participants

Key Eligibility Criteria

Inclusion (9)

- The study population for all study aims consists of children and adolescents receiving care at the liver and WATCH clinics.
- family living in California;
- a parent/guardian who speaks Spanish or English,
- child is between the ages of 6 to <18 years;
- child has elevated BMI greater than or equal to 85% for age and sex
- ... and 4 more (see full listing online)

Exclusion (3)

- child has an underlying condition or medication causing their weight gain (i.e., hypothyroidism, Prader-Willi syndrome, antipsychotic medications) or a known liver condition other than MASLD/MASH causing their elevated liver numbers;
- child is on a weight loss medication (including: Qsymia or GLP-1 receptor agonists),
- both of which are assessed as part of routine clinical care.

Locations (1 total)

University of California, San Francisco, San Francisco, California, United States