

Effects of Chamomile With L-theanine Beverage Among Young Women Experiencing Primary Dysmenorrhea

NCT07092878

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universiti Tunku Abdul Rahman
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (6)

- A VAS score of e4 cm for the past three consecutive menstrual cycles
- Regular monthly menstruation
- No history of allergies or psychological/gynecological illnesses
- Absence of secondary dysmenorrhea
- No current use of any medications
- ... and 1 more (see full listing online)

Exclusion (2)

- Pregnant
- Breastfeeding

Locations (1 total)

UTAR, Kampar, Perak, Malaysia