

Investigation of Single Session Action Observation and Motor Imagery Training on Balance, Muscle Oxygenation, Fatigue

NCT07094334

Status	RECRUITING
Phase	Not Applicable
Sponsor	Bandirma Onyedi Eylül University
Enrollment	42 participants

Key Eligibility Criteria

Inclusion (4)

- To be between 18 and 25 years of age
- To have no history of any surgical procedure involving the upper extremity
- To be male*
- Since the Upper Extremity Closed Kinetic Chain Stability Test is conducted in a different position for females, only male participants will be included in the study to maintain group homogeneity.

Exclusion (4)

- Scoring 24 or below on the Mini Mental State Examination (MMSE)
- Having hearing, visual, or perceptual impairments that may affect the study outcomes
- Presence of any upper extremity problem
- Having neurological, metabolic, or systemic diseases

Locations (1 total)

Gazi University, Ankara, Turkey (Türkiye)