

Effect of Primary Dysmenorrhea on Muscle Activity in Young Adult Females

NCT07095725

Status RECRUITING
Sponsor Cairo University
Enrollment 72 participants

Key Eligibility Criteria

Inclusion (7)

- All females clinically diagnosed with PD, as confirmed and referred by a gynecologist.
- Age ranges from 18 to 25 years.
- BMI ranges from 20 to 25 kg/m².
- Onset of menstrual pain 6-24 months after menarche.
- Having a regular menstrual cycle (28 ± 7 days with no intermittent bleeding).
- ... and 2 more (see full listing online)

Exclusion (6)

- Menstrual irregularity.
- Use of antidepressant or steroid drugs.
- Secondary dysmenorrhea.
- Musculoskeletal problems in the abdominal region, pelvic region, or spine.
- Surgical history involving the abdominal region, pelvic region, or spine in the last year.
- ... and 1 more (see full listing online)

Locations (1 total)

Misr University for Science and Technology, Giza, Egypt