

# Get Better Together: Relationship Education For Military Couples

NCT07096271

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Henry M. Jackson Foundation for the Advancement of Military Medicine
<b>Enrollment</b>	1,000 participants

## Key Eligibility Criteria

---

### Inclusion (4)

- Couple is in a committed romantic relationship of at least six months
- At least one partner is a military Service member on active duty
- Both partners are age 18 or older
- Couple has not previously attended a relationship enrichment retreat or workshop together (e.g., CREDO, Strong Bonds, BSRT). This does not include couples therapy or pre-marital counseling.

### Exclusion (3)

- One or both partners decline to provide informed consent
- Required command endorsement for retreat attendance is not received (for Service members E-6 and below)
- Couple is unable or unwilling to attend any of the scheduled retreats during the study period

## Locations (1 total)

---

Uniformed Services University of the Health Sciences, Bethesda, Maryland, United States