

Training Models in Pelvic Floor Muscle Training

NCT07099170

Status	RECRUITING
Phase	Not Applicable
Sponsor	Izmir University of Economics
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (3)

- Age 18 years or older
- Female
- Willingness to participate in the study

Exclusion (5)

- Pregnancy
- History of cesarean or vaginal delivery within the past 6 months
- Previous pelvic floor muscle training
- History of pelvic surgery
- Currently receiving or having received treatment for pelvic organ prolapse

Locations (1 total)

Izmir University of Economics, Izmir, Ozmir, Turkey (Türkiye)