

Using Technologies to Promote HHealthy Lifestyles in Adolescents With Intellectual Disabilities

NCT07101523

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Seville
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (3)

- Diagnosis of intellectual disability
- Being able to follow basic instructions
- Age between 4-30 years old

Exclusion (3)

- presence of severe sensory or motor impairments
- medical conditions that contraindicated moderate physical activity
- unable to access an smartphone during the intervention

Locations (1 total)

Facultad Ciencias de la Educación, Seville, Spain, Spain