

Managing Impact-related Leakage During Exercise Using Intravaginal Support

NCT07103161

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Ottawa
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (4)

- Age \geq 18 years of age
- Participate in any exercise or sport modality involving running or brisk walking
- Experiences urine leakage during running or brisk walking
- Speak and read English or French

Exclusion (7)

- No urine leakage in the first laboratory assessment (baseline / no intervention)
- Currently pregnant or have been pregnant in the previous 6 months
- Had or have had cardiac, pulmonary, metabolic and/or neurological conditions
- History of incontinence surgery
- Hysterectomy
- ... and 2 more (see full listing online)

Locations (1 total)

University of Ottawa, Faculty of Health Sciences building, 200 Lees Avenue, Ottawa, Ontario, Canada