

MCKENZIE EXERCISES VERSUS MULLIGAN MOBILIZATION IN TEXT NECK SYNDROME

NCT07103954

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Lahore
Enrollment	64 participants

Key Eligibility Criteria

Inclusion (2)

- Age 20 to 45 years
- \- Both genders will be included. A minimum of three hours must be spent using smartphones every day. More than one year of using any electronic gadgets. Craniovertebral Angle ≤ 53

Exclusion (1)

- Any known illness that may cause pain in the upper limbs or neck.(e.g Rheumatoid arthritis) Any cervical spine injuries. Any neurological or cardiovascular issue (e.g epilepsy, hypertension) Pregnancy

Locations (1 total)

The University of Lahore, Lahore, Punjab Province, Pakistan