

Mindful Eating and Sustainability

NCT07105423

Status	RECRUITING
Sponsor	At111m University
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (4)

- To be between the ages of 18-25
- Volunteering
- No communication problems
- To reside in Ankara

Exclusion (4)

- Under 18 years of age and over 25 years of age
- Those with communication problems
- Having any psychological disorder
- Not residing in Ankara

Locations (1 total)

At111m University, Ankara, Turkey (Türkiye)