

Dysfunctional Breathing and Physical Fitness in Older Adults

NCT07107191

Status RECRUITING
Sponsor Istinye University
Enrollment 120 participants

Key Eligibility Criteria

Inclusion (6)

- Aged 65 years or older
- Regularly monitored (followed) for at least six months
- Possess sufficient cognitive ability to communicate
- Able to perform activities of daily living independently or with minimal assistance
- No history of respiratory disease within the past three months
- ... and 1 more (see full listing online)

Exclusion (8)

- Advanced dementia or significant cognitive impairment
- A diagnosis of cardiopulmonary disease (e.g., COPD, congestive heart failure)
- A history of malignancy
- Serious musculoskeletal conditions
- Major surgery within the past six months
- ... and 3 more (see full listing online)

Locations (1 total)

Yunus Emre TÜTÜNEKEN, Istanbul, Zeytinburnu, Turkey (Türkiye)