

Effects of Kneipp Hydrotherapy in Post-COVID-19 Patients

NCT07110714

Status	RECRUITING
Phase	Not Applicable
Sponsor	Eggensberger OHG
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (4)

- Diagnosis of Post-COVID Syndrome (ICD-10 code: U08.9)
- Barthel-Index >80
- Owning a smartphone to receive digital questionnaires and to use the measurement app for heart rate variability
- Written informed consent

Exclusion (2)

- Existing contraindications for Kneipp hydrotherapy like severe cardiovascular diseases (e.g., decompensated heart failure, unstable angina pectoris, acute myocardial infarction), severe venous diseases (e.g., acute deep vein thrombosis of the leg), severe neurological diseases (e.g., uncontrolled epilepsy)
- Prior regular practice of Kneipp applications

Locations (1 total)

Eggensberger Ohg, Füssen, Bavaria, Germany