

Impact of Regular Karate Practice on the Quality of Life and Health Outcomes of Students

NCT07116291

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Hospital, Angers
Enrollment	90 participants

Key Eligibility Criteria

Inclusion (1)

- 2nd or 4th year health students at the university of Angers

Exclusion (4)

- contraindication to the practice of karate
- students repeating a year or entering the third year after a transfer, insofar as the evolution of their grades in relation to the 2nd year class cannot be ascertained.
- Students who already practise karate regularly cannot be included.
- Students planning to transfer to another faculty during the year of study

Locations (1 total)

University of ANGERS, Angers, France