

Co-creating School Community Intervention Program on Physical Activity to Increase Health Equity in Children and Adolescents

NCT07120516

Status RECRUITING
Sponsor Sandra Andrusaityte
Enrollment 200 participants

Key Eligibility Criteria

Inclusion (4)

- Children aged 12-16 years
- Attending VDU Atžalynas Progymnasium (Kaunas, Lithuania)
- Written informed consent from parents/legal guardians and assent from the child
- Willingness to participate in questionnaires, physical measurements, and (if selected) wearable device monitoring

Exclusion (3)

- Younger than 12 or older than 16 years
- No signed informed consent from parents/legal guardians or refusal by the child
- Medical or psychological conditions that may interfere with participation (e.g., severe cardiovascular disease, mobility impairments, skin allergies preventing wearable use)

Locations (1 total)

Vytautas Magnus university, faculty of Natural Sciences, Environmental sciences, Kaunas, Lithuania