

Vacuum Massage vs Tactile Massage for the Treatment of Chronic Neck Pain

NCT07120659

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Tromsø
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (2)

- suffer from non-specific neck pain persisting at least 3 months
- mean pain intensity ≥ 50 on a 0-100 mm visual analogue scale (NRS) with "0" meaning "no pain" and "100" meaning "worst pain imaginable"

Exclusion (4)

- neurological symptoms
- having had a vertebral column surgery less than 12 months prior to the study,
- have received TENS, acupuncture, osteopathy, or a chiropractic maneuver or infiltration at the area within 4 weeks prior to the inclusion in the study
- suffer from a congenital deformation of the spine.

Locations (1 total)

UiT, The Arctic University of Norway, Institute of Community Medicine, National Research Center in Complementary and Alternative Medicine, NAFKAM, Tromsø, Troms, Norway