

# The Influence of Specialized Food Products Based on Ice-Cream on Esophageal Motility

NCT07121803

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Federal State Budgetary Scientific Institution "Federal Research Centre of Nutrition, Biotechnology
Enrollment	30 participants

## Key Eligibility Criteria

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### Inclusion (5)

- willingness to participate based on signed written informed consent;
- controlled glycemia. If stable glycemia is achieved on treatment, the following requirements should be met:
- no qualitative changes in treatment within 6 months before enrollment (i.e., the introduction of a new antidiabetic therapy);
- doses of anti-diabetic medications should be stable for 6 month in patients who receive metformin, gliptins, sulfonylureas, sodium/glucose cotransporter 2 (SGLT-2) inhibitors, glucagon-like peptide 1 agonists (GLP-1) or insulin.
- no new medications during participation in the study

### Exclusion (17)

- Pregnancy and breastfeeding;
- Liver cirrhosis based on liver histology, or liver stiffness measurement (LSM  $\geq$  or = 14 kPa by Fibroscan), or APRI  $\geq$  or = 1; or BARD score  $\geq$  or = 2.
- Diarrhea of any type (watery stool more than 3 times a day).
- Chronic heart failure (I-IV class by NYHA).
- Past major abdominal or chest surgery, including bariatric procedures and fundoplication (except appendectomy or cholecystectomy performed more than a year before enrollment).

... and 12 more (see full listing online)

## Locations (1 total)

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