

Additional Effects of Proprioceptive Neuromuscular Facilitation With Otago Exercises on Fall Risk in Diabetes Mellitus Patients

NCT07122726

Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (6)

- Diabetes type 2 patients
- years of age
- Both Males and Female Gender
- Duration of diabetes more than 5 years
- Participants positive for Michigan Neuropathy Screening Instrument

... and 1 more (see full listing online)

Exclusion (5)

- Surgical procedure involving knee, ankle, or hip joints.
- Foot Ulcers and Deformities.
- Diagnosis of neurological diseases (CVA, MS, Parkinson disease etc.) besides DPN.
- Absence of Visual Impairment and Hearing loss Patients having comprehension difficulties
- Physical disability that prevents from performing the exercises

Locations (1 total)

Foundation University College of Physical Therapy, Islamabad, Pakistan