

# The Effect of a Micro-Appreciation Intervention (Three-Things Journal Application) on Caregiver Burden, Family Functioning, and Happiness Levels for Mothers of Children With Autism Spectrum Disorder

NCT07124091

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Cukurova University
Enrollment	126 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Age 18 years or older
- Willing to participate in the study
- Able to read and understand Turkish
- Being a mother of a child with special needs

### Exclusion (4)

- Younger than 18 years
- Unwilling to participate in the study
- Unable to read or understand Turkish
- Not having a child with special needs

## Locations (1 total)

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Batman University, Batman, Turkey (Türkiye)