

# Evaluating Medication Adherence of Patients With Gastroesophageal Reflux Disease With Support of the Smartphone Application GERD-Care

NCT07125521

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Institute of Gastroenterology and Hepatology, Vietnam
<b>Enrollment</b>	380 participants

## Key Eligibility Criteria

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### Inclusion (3)

- e18years old
- Presents with typical GERD symptoms (regurgitation, heartburn)
- Owns a smartphone and capable of using smartphone applications.

### Exclusion (4)

- Acute GI conditions (upper GI bleeding, acute peptic ulcer...)
- GI malignancy (esophageal cancer, gastric cancer...)
- Severe chronic comorbidities (heart failure, liver failure, chronic kidney disease...)
- Pregnancy, alcohol abuse, mental health conditions impacting medication adherence or app usage

## Locations (1 total)

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Institute of Gastroenterology and Hepatology, Hanoi, Vietnam