

# Real-Time Diagnosis of Eosinophilic Nasal Polyps Using High-Sensitivity Spectroscopy

NCT07125586

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Status	RECRUITING
Phase	Not Applicable
Sponsor	The Affiliated Hospital of Qingdao University
Enrollment	353 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Male and female subjects aged 18 to 65 years old
  - Subjects diagnosed with CRSwNP by nasal endoscopy, CT, or MRI preoperatively (in accordance with the diagnostic criteria of EPOS 2020)
  - Normal coagulation function (prothrombin time [PT], activated partial thromboplastin time [APTT], and platelet count are within the normal range)
  - No severe cardiopulmonary dysfunction or other comorbidities that affect the tolerance of general anesthesia and surgery
  - Women of childbearing age must take appropriate medical contraceptive measures during the study period and within 4 weeks after the end of the trial treatment
- ... and 1 more (see full listing online)

### Exclusion (8)

- Patients with other nasal and paranasal sinus diseases excluding chronic rhinosinusitis (such as nasal tumors, fungal sinusitis, and post-traumatic nasal deformities)
  - Patients with coagulation dysfunction, immunodeficiency, or long-term use of anticoagulant/antiplatelet drugs at the time of visit, and females during menstruation
  - Patients who have taken oral glucocorticoids within 1 month prior to the visit
  - Patients with a history of nasal endoscopic surgery or nasal radiotherapy
  - Pregnant or lactating women, or those with severe systemic diseases (such as uncontrolled hypertension, diabetes, hepatic or renal insufficiency)
- ... and 3 more (see full listing online)

## Locations (1 total)

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Affiliated Hospital of Qingdao University, Qingdao, Shandong, China

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<https://clinicaltrials.gov/study/NCT07125586>

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