

Prospective Cohort Study on Refractory Rheumatoid Arthritis

NCT07126431

Status	RECRUITING
Sponsor	Peking University Third Hospital
Enrollment	200 participants

Plain Language Summary

This observational study is following people with rheumatoid arthritis (RA) that is difficult to treat — also called refractory RA — to better understand why standard treatments stop working and to identify better management strategies.

****You may be eligible if...****

- You are over 18 years old
- You have a confirmed diagnosis of rheumatoid arthritis (by 1987 or 2010 ACR/EULAR criteria)
- You have been on conventional RA medications (DMARDs) for at least 1 year
- Your RA meets the definition of difficult-to-treat or refractory RA according to EULAR criteria
- You are willing to provide written informed consent

****You may NOT be eligible if...****

- You are under 18
- Your RA responds well to standard treatment
- You are unwilling to provide consent for follow-up

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (5)

- Meet the 1987 American College of Rheumatology (ACR) classification criteria for RA or the 2010 ACR/European Alliance of Associations for Rheumatology (EULAR) classification criteria for RA.
- Age ≥ 18 years.
- Treatment with conventional synthetic DMARDs (csDMARDs) for at least 1 year.
- Fulfill the EULAR definition of difficult-to-treat RA (refractory RA).
- Provide written informed consent.

Exclusion (3)

- Age < 18 years.
- Duration of DMARD therapy < 1 year.
- Patients unwilling to participate in the cohort study.

Locations (1 total)

Peking University Third Hospital, Beijing, Beijing Municipality, China

<https://clinicaltrials.gov/study/NCT07126431>

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at [ClinicalTrials.gov](https://clinicaltrials.gov). Generated by [ClinicalTrialsFinder.org](https://clinicaltrialsfinder.org).