

# Scalable Intervention for Stress Management

NCT07127575

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Livotion, LLC
<b>Enrollment</b>	60 participants

## Key Eligibility Criteria

---

### Inclusion (4)

- Be at least 18 years old
- Be currently enrolled in a college or university
- Be able to read, speak, and comprehend English
- Be able and willing to complete a 60-minute study involving heart rate monitoring, survey completion, training, a stress test, and device utilization

### Exclusion (1)

- Individuals diagnosed with anxiety or stress and require professional support to cope with these clinical levels of stress or anxiety should not enroll in the study in place of professional assistance.

## Locations (1 total)

---

Purdue University, West Lafayette, Indiana, United States