

# Efficacy and Safety Evaluation of Ruscus Aculeatus L in Patients With Hemorrhoids

NCT07128979

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Status	RECRUITING
Phase	Phase 4
Sponsor	Sultan Abdulhamid Han Training and Research Hospital, Istanbul, Turkey
Enrollment	250 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Patients between the ages of 18-45 with complaints (symptomatic) consistent with hemorrhoidal disease
- Patients with Stage II and III hemorrhoids according to the Goligher Hemorrhoid Rating system using physical examination (digital rectal examination, anoscopy/rectoscopy performed within a maximum of four weeks before the examination)
- Patients who have signed the Informed Consent Form

### Exclusion (7)

- Patients aged <18 and >45 years
- Stage I and IV hemorrhoids according to the Goligher Hemorrhoid Rating system
- Surgery for hemorrhoids at any time
- Injection treatment for multiple hemorrhoids in the last 3 years
- Perianal sepsis, inflammatory bowel disease, colorectal malignancy, or pre-existing sphincter injury within the last 3 years
- ... and 2 more (see full listing online)

## Locations (1 total)

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Sultan Abdulhamid Training and Research Hospital, Istanbul, Turkey (Türkiye)