

Effect of Myofascial Release Versus Deep Friction Massage on Abdominal Recovery and Scar After Cesarean Section

NCT07130747

Status	RECRUITING
Phase	Not Applicable
Sponsor	Cairo University
Enrollment	36 participants

Key Eligibility Criteria

Inclusion (4)

- All postpartum women >6 months postnatal having a post-Cesarean-section scar.
- Postpartum women with a well-healed cesarean section scar resulted in chronic pain in the scar, pelvis, or abdomen.
- Their ages will range from 30 to 45 years.
- Their body mass index (BMI) is less than 30 kg/m².

Exclusion (11)

- Pregnant women or planning for pregnancy.
- Postpartum women with abdominal infectious diseases.
- Cardiovascular diseases.
- Previous spinal surgery.
- History of skeletal deformity.

... and 6 more (see full listing online)

Locations (1 total)

the Gynecology and Obstetrics Outpatient clinics, Alexandria University Hospitals, Alexandria, Egypt, Alexandria, Egypt