

Optimizing Rehabilitation After Achilles Tendon Rupture Repair: The Role of Blood Flow Restriction Training in Tendon and Muscle Recovery

NCT07131787

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Hospital, Ghent
Enrollment	82 participants

Key Eligibility Criteria

Inclusion (4)

- patients with total midrupture Achilles tendon rupture
- surgical treatment
- > 18 years old
- able to understand and speak Dutch

Exclusion (7)

- Bilateral Achilles tendon rupture
- Previous Achilles tendon rupture
- Previous treatment with fluoroquinolones or cortisone
- other condition in either leg that would limit the ability to perform the exercises or evaluations
- Diabetes or rheumatic diseases
- ... and 2 more (see full listing online)

Locations (2 total)

Ghent University, Ghent, East-Flanders, Belgium
Ghent University Hospital, Ghent, Belgium