

A Language-Based Training Intervention to Enhance Cognitive Health in Community-Dwelling Older Adults

NCT07132281

Status	RECRUITING
Phase	Not Applicable
Sponsor	National Taiwan University Hospital
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (7)

- Aged between 20 and 30 (healthy young adults) or aged 65 and above (healthy older adults).
- Native Mandarin Chinese speakers who had no exposure to non-indigenous languages before the age of five.
- Have completed at least a junior high school level of education.
- Right-handed.
- Have normal or corrected-to-normal vision (e.g., through glasses or contact lenses).

... and 2 more (see full listing online)

Exclusion (7)

- Participation in another cognitive intervention program within the past two months.
- Cognitive intervention is not feasible due to dyslexia or physical illness. Meet the diagnostic criteria for Mild Cognitive Impairment (MCI) or dementia.
- Presence of severe depression, or cognitive changes caused by other psychiatric, neurological disorders, or substance abuse, with symptoms that are unstable or interfere with functioning.
- History of brain injury or neurological conditions (e.g., stroke, aneurysm).
- Contraindications for MRI scanning, such as metal implants, pacemakers, or pregnancy.

... and 2 more (see full listing online)

Locations (1 total)

National Taiwan University, Taipei, Taiwan