

Impact of Underwater Exercise Versus Regular Aerobic Exercise on Quality of Life and Power of Muscle

NCT07132736

Status	RECRUITING
Phase	Not Applicable
Sponsor	October 6 University
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (4)

- BMI > 25
- low muscle power
- low quality of life
- general fatigue

Exclusion (4)

- BMI < 25
- Polycystic ovarian syndrome
- Chronic pelvic pain
- Lumbar disc

Locations (1 total)

Kerolous ishak shehata kelini, Amman, Jordan