

Digital Home-Based Physical Activity Promotion for Older Adults After Total Hip Arthroplasty

NCT07135843

Status	RECRUITING
Phase	Not Applicable
Sponsor	Heidelberg University
Enrollment	213 participants

Key Eligibility Criteria

Inclusion (6)

- Age e65 years
- Coxarthrosis with indication for total hip arthroplasty
- Residence within a radius of d50 km from Heidelberg
- Ability to walk e10 m (with/without walking aid)
- Access to the internet (Wi-Fi) at home

... and 1 more (see full listing online)

Exclusion (9)

- Insufficient German language skills
- Insufficient hearing to communicate via (video) telephone
- Insufficient vision to recognize study materials
- Contralateral coxarthrosis with indication for total hip arthroplasty
- Severe medical condition illnesses that compromise physical fitness (heart failure classified as New York Heart Association \[NYHA\] class e3, heart valve defects associated with syncope, cardiac arrhythmia with dizziness, chronic obstructive pulmonary disease \[COPD\] with oxygen therapy, cancer with chemotherapy and/or radiation, Parkinson's disease with rollator use \[Hoehn & Yahr stage e4\])

... and 4 more (see full listing online)

Locations (1 total)

Department of Orthopaedics, Heidelberg University Hospital, Heidelberg, Baden-Wuerttemberg, Germany