

# Platelet Volunteers, Longitudinal and Multi-omic Study

NCT07137429

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<b>Status</b>	RECRUITING
<b>Sponsor</b>	National Heart, Lung, and Blood Institute (NHLBI)
<b>Enrollment</b>	400 participants

## Key Eligibility Criteria

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### Inclusion (5)

- In order to be eligible to participate in this study, an individual must meet all of the following criteria:
- Stated willingness to comply with all study procedures, including fasting at least 10 hours before each blood draw
- Stated willingness to refrain from aspirin or non-steroidal anti-inflammatory drugs (NSAIDs) for 7 days prior to any visits
- Age  $\geq$  18 years
- In good general health as evidenced by self-reported medical history

### Exclusion (3)

- An individual who, by self-report, meets the following criteria will be excluded from participation in this study:
- Current pregnancy or lactation
- Active malignancies known, active known auto-immune disease, known major CVD (e.g., heart attack, stroke, venous thromboembolism, heart failure), severe bleeding history, on regular P2Y12 inhibitors or other antiplatelet treatments for a clinical reason, uncontrolled hypertension or diabetes

## Locations (1 total)

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National Institutes of Health Clinical Center, Bethesda, Maryland, United States