

Psychological Options for Wellness and Recovery (POWeR) Trial for Veterans With Chronic Back/Neck Pain

NCT07137715

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Colorado, Denver
Enrollment	360 participants

Key Eligibility Criteria

Inclusion (4)

- Adults (18 and older)
- Be veterans
- Have a history of chronic back or neck pain defined as pain at least half the days of the last 6 months.
- Have moderate or greater pain, defined as pain intensity e4 in the past week

Exclusion (10)

- Clinical presentation suggestive of back pain that is secondary or peripheral in nature, including self-reported leg pain that is worse than back pain (indicative of radiculopathy or sciatica), spine surgery within the past 6 months, fall, motor vehicle accident or other trauma related to back pain in the past 6 months, back pain due to an inflammatory disorder, infection, or malignant etiology as determined per medical provider review, known sensory abnormality in trunk or legs, recent large (>20 lbs) unexplained weight loss, difficulty controlling bowels (to screen out cauda equina syndrome), and self-reported diagnoses of specific inflammatory disorders (rheumatoid arthritis, polymyalgia rheumatica, scleroderma, Lupus, and polymyositis).
 - Additionally, patients who meet any of the following criteria are ineligible due to anticipated difficulties complying with study procedures:
 - Moderate or severe cognitive impairment
 - Unstable or severe untreated mental health condition, including active suicidal ideation
 - Unstable or end-stage medical disease including active cancer
- ... and 5 more (see full listing online)

Locations (1 total)

VA Eastern Colorado Health Care System, Aurora, Colorado, United States