

# Dietary Iron Requirements

NCT07139821

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<b>Status</b>	RECRUITING
<b>Sponsor</b>	Pennington Biomedical Research Center
<b>Enrollment</b>	300 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Males and premenopausal females age 18-50 y
- Previously participated in an iron stable isotope study or willing to consume an oral stable iron isotope and undergo a one-year equilibration period
- Willing to refrain from iron-containing supplements for the duration of the study
- Willing to refrain from tobacco smoking for the duration of the study
- Have not donated blood 3 months prior to the start of the study and willing to refrain from donating blood for the duration of the study

... and 2 more (see full listing online)

### Exclusion (3)

- Females: pregnant or lactating or plans to become pregnant during the study period
- Inability to provide informed consent and engage in informed consent procedures
- Plans to relocate outside the study area

## Locations (2 total)

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LSU Pennington Biomedical Research Center, Baton Rouge, Louisiana, United States  
Cornell University, Ithaca, New York, United States