

Long-Covid-19 Alleviation Through Learning Mindfulness Study

NCT07140094

Status	RECRUITING
Phase	Not Applicable
Sponsor	Columbia University
Enrollment	400 participants

Key Eligibility Criteria

Inclusion (5)

- Age \geq or = 18
- Willing and able to provide informed consent
- Access to the internet
- Self-reported history of SARS-CoV-2 infection
- Current symptoms attributed to PASC by participant or by participant's medical provider; ongoing symptoms that persisted \geq 12 weeks after Covid-19 illness

Exclusion (2)

- Participating in another clinical trial of an intervention for PASC symptoms
- Engaged in a structured MBI

Locations (1 total)

Columbia University, New York, New York, United States