

Fast In-Bed Tracking (FIT) System Lifestyle Intervention is a Clinical Trial of a Bed Scale Device. Overweight Wheelchair Users Will Participate in a Weight Loss Program, Half Will Receive Bed Scales, and Participants Who Receive the Bed Scales Are Expected to Have Increased Weight Loss.

NCT07141342

Status	RECRUITING
Phase	Not Applicable
Sponsor	Jonathan Pearlman
Enrollment	92 participants

Key Eligibility Criteria

Inclusion (15)

- Age 18 +
- Live within approximately 75 miles of Pittsburgh
- Uses a wheelchair as primary means of locomotion
- Currently transfers in and out of bed every night (or most nights)
- Has been diagnosed as obese or overweight

... and 10 more (see full listing online)

Exclusion (10)

- Extended vacations or absences planned in the next year (more than 2 - 4 weeks) or plans to move approximately 75 miles or greater from the Pittsburgh region
- BMI outside of the desired range as based on condition and as determined by the study team.
- Currently taking weight loss medication, medications that affect appetite, or have had weight loss surgery in the last 2 years.
- History of disordered eating in the last 2 years, such as Anorexia Nervosa, Bulimia Nervosa or Binge Eating Disorder
- Currently pregnant or intend to become pregnant in the next 12 months

... and 5 more (see full listing online)

Locations (1 total)

University of Pittsburgh, Bakery Square, Department of Rehabilitation Science and Technology, Pittsburgh, Pennsylvania, United States