

Effects of Close Follow-up on Patients With Low Back Pain

NCT07150702

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Istanbul Training and Research Hospital |
| Enrollment | 74 participants |

Key Eligibility Criteria

Inclusion (1)

- Patients aged 18-65 with subacute or chronic mechanical back pain and considered appropriate for a physical therapy program.

Exclusion (8)

- Patients describing inflammatory back pain
 - Spondyloarthropathies and other rheumatological diseases
 - History of spinal surgery
 - Patients with sensory disturbances and psychiatric diagnoses
 - Fibromyalgia
- ... and 3 more (see full listing online)

Locations (1 total)

Istanbul Training and Research Hospital, Istanbul, Fatih, Turkey (Türkiye)