

# Assessing Bone Fracture Healing Effect of Almonds

NCT07153302

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Aga Khan University Hospital, Pakistan
<b>Enrollment</b>	136 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Patients of 18 to 55 years of age of any gender.
- Agree and able to voluntary participate.
- Patients with trauma associated femur fracture and tibia shaft fracture arriving at hospital for treatment.

### Exclusion (5)

- Mentally retarded or patients with severe psychiatric illness.
- Patients are already on bone-strengthening drugs (bisphosphonates, vitamin D, strontium ranelate, teriparatide, etc.).
- Patients who require bone-strengthening drugs for osteoporosis or for any urgent need.
- Severe cardiovascular, hepatic, or renal disease.
- Known allergy or toxicity to Prunus dulcis (almonds) and/or vitamin D supplements.

## Locations (1 total)

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The Aga Khan University, Karachi, Pakistan