

Validation of Energy Expenditure Measures Study

NCT07155564

Status RECRUITING
Sponsor University of Leipzig
Enrollment 34 participants

Key Eligibility Criteria

Inclusion (5)

- Ability to provide informed consent
- Written declaration of consent
- Healthy study participants
- Able to perform moderate physical exercise using a bike ergometer
- Women: continuous contraception/fullicular phase of menstrual cycle

Exclusion (11)

- Weight change > 5 kg or 5% of body weight in the last 3 months
- Nicotine abuse, Alcohol/drug abuse
- Strenuous physical activity in everyday life > 1 h per day
- Body mass index < 18.5 kg/m² or ≥ 40 kg/m²
- Chronic diseases with an impact on energy expenditure
- ... and 6 more (see full listing online)

Locations (1 total)

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