

# Effects of Pes Planus on Gait at Different Inclines

NCT07155577

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Status	RECRUITING
Sponsor	Hacettepe University
Enrollment	30 participants

## Key Eligibility Criteria

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### Inclusion (9)

- Age 18-35 years
  - Normal BMI
  - Bilateral, asymptomatic flexible pes planus
  - Navicular drop  $\leq 10$  mm (both feet)
  - Willing and able to provide informed consent and complete the procedure.
- ... and 4 more (see full listing online)

### Exclusion (5)

- Use of orthotics/insoles
- Musculoskeletal disorders affecting gait (other than pes planus in the case group)
- Lower extremity injury or surgery within the last 6 months
- Chronic ankle instability
- Any treatment related to the lower extremity/pes planus within the last 6 months

## Locations (1 total)

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Yuksekk Ihtisas University, Ankara, Turkey (Türkiye)