

Family-Based Nutrition Intervention to Prevent Overweight and Obesity in School-Age Children.

NCT07159971

Status	RECRUITING
Phase	Not Applicable
Sponsor	Claudia Teresa Tovar Palacio
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (6)

- Families of children between 5 and 9 years old.
- Children without any medical or nutritional treatment for obesity.
- Children classified as normal weight, overweight, or obese based on WHO (Z-score: height for age and BMI for age).
- Offspring of mothers aged between 18 and 45 years at delivery.
- Term infants from normoevolutive pregnancies without maternal comorbidities.

... and 1 more (see full listing online)

Exclusion (6)

- Children who are currently suffering from a pathology that requires medication or special treatment
- Mothers/Fathers/Guardians who are currently suffering from a pathology that requires medication or special treatment.
- Children who have a physical/mental impairment to perform physical activities.
- Children from surrogate mothers who have presented at least 2 of the 11 DSM-5 criteria for substance use disorder (alcohol, tobacco, cannabis, or other illegal drugs) before or during the participating child's gestation.
- Children from multiple pregnancies.

... and 1 more (see full listing online)

Locations (1 total)

"El globo" and "Servicios de Salud Lomas Altas", México, Sonora, Mexico