

RELIEF: Multimodal Prehabilitation to Treat Fatigue in Patients With Primary Biliary Cholangitis

NCT07161245

Status	RECRUITING
Phase	Not Applicable
Sponsor	Hospital Clinic of Barcelona
Enrollment	64 participants

Key Eligibility Criteria

Inclusion (3)

- Age ≥ 18 years
- PBC diagnosis according to EASL guidelines
- Moderate - severe fatigue defined by ≥ 29 points in PBC-40 questionnaire

Exclusion (20)

- Age > 80 years
 - Severe pruritus
 - Decompensated cirrhosis
 - Other causes of liver disease than PBC
 - Liver transplant (LT) or placement on a waiting-list for LT
- ... and 15 more (see full listing online)

Locations (1 total)

Hospital Clinic de Barcelona, Barcelona, Barcelona, Spain