

Effect of Limosilactobacillus Reuteri DSM 17648 in Healthy Adults Reporting Upper Gastrointestinal Discomfort

NCT07163637

Status	RECRUITING
Phase	Not Applicable
Sponsor	Novozymes A/S
Enrollment	324 participants

Key Eligibility Criteria

Inclusion (14)

- Be male or female.
 - Anyone with a BMI less than or equal to 32 kg/m².
 - Be aged 30-70.
 - Anyone currently experiencing occasional upper gastrointestinal discomfort (approximately 2 times/week over the past month), including the following:
 - Heartburn
- ... and 9 more (see full listing online)

Exclusion (7)

- \. Anyone with any allergies or sensitivities to any of the study product ingredients.
 - \. Any women who are pregnant, breastfeeding, or trying to conceive (or who will be at any point during the study period).
 - \. Anyone unwilling to follow the study protocol. 4. Anyone taking any supplement, over-the-counter medication, or herbal remedy targeting gut health.
 - \. Anyone with a known history of severe digestive disorders like GERD (Gastroesophageal Reflux Disease) and FD (Functional Dyspepsia), Irritable Bowel Syndrome (IBS), Irritable Bowel Disease (IBD), Crohn's disease, celiac disease, chronic constipation, chronic diarrhea, or gastrointestinal tract disorders or surgeries.
 - \. Anyone currently or recently (within the past 2 weeks) taking probiotic foods, including yoghurts.
- ... and 2 more (see full listing online)

Locations (1 total)

Citruslabs, Las Vegas, Nevada, United States