

# Effects of Hot Sacral Massage and Shower Application With Partner Support on Labor

NCT07165405

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul University - Cerrahpasa
Enrollment	150 participants

## Key Eligibility Criteria

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### Inclusion (8)

- Volunteering to participate in the study
- Expectation of spontaneous vaginal delivery
- Estimated fetal weight between 2500-4000 grams by ultrasound
- Single fetus and cephalic presentation,
- Term pregnancy (between 37-42 weeks of gestation)

... and 3 more (see full listing online)

### Exclusion (10)

- Having undergone infertility treatment,
- Delivery by cesarean section for any reason during labor,
- Being multiparous
- Having any systemic, chronic, or neurological disease (Diabetes Mellitus, Hypertension, Thyroid disorders, Multiple Sclerosis, Epilepsy, etc.)
- Regular medication use due to any illness,

... and 5 more (see full listing online)

## Locations (1 total)

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Istanbul University-Cerrahpa\_a, Istanbul, Büyükçekmece, Turkey (Türkiye)