

Median Nerve Thickness of the Carpal Tunnel Syndrome After Two Different Physiotherapy Modalities

NCT07167667

Status	RECRUITING
Phase	Not Applicable
Sponsor	Emre ^enocak
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (5)

- Individuals between the ages of 30-60 who have been diagnosed with CTS by a specialist physician according to international criteria (Those between Stages 1-3),
- Those who have complaints of numbness, tingling, and pain in the first three fingers and half of the fourth finger,
- Phalen Test and Tinel sign or Durkan Test being positive
- Patients who will receive 5 sessions of ESWT application prescribed by a Physical Medicine and Rehabilitation Specialist Physician (for the ESWT group)
- Patients who have been recommended 10 sessions of Paraffin application by a Physical Medicine and Rehabilitation Specialist Physician (for the Paraffin group)

Exclusion (6)

- Presence of atrophy in the thenar muscles,
- Insufficient sensory and motor response in the median nerve,
- History of hand and/or wrist injury or surgery,
- Those with cervical stenosis, cervical spondylosis, or cervical radiculopathy,
- Corticosteroids in the carpal tunnel area within the last six months those who have had an injection,
- ... and 1 more (see full listing online)

Locations (1 total)

Baltalimani Metin Sabanci Bone Diseases Training and Research Hospita, Istanbul, Turkey (Türkiye)