

# The Increasing Mindfulness Engagement Project

NCT07170202

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Florida State University
<b>Enrollment</b>	40 participants

## Key Eligibility Criteria

---

### Inclusion (5)

- US-born
- Black
- biological man
- undergraduate college student
- criteria for binge drinking (5 drinks in about 2 hours) or heavy drinking (more than 14 drinks per week).

## Locations (1 total)

---

Florida State University Center for Translational Behavioral Science, Tallahassee, Florida, United States