

# Blood Flow Restriction Training For The Treatment Of Lateral Epicondylopathy

NCT07172568

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Technical University of Munich
<b>Enrollment</b>	40 participants

## Key Eligibility Criteria

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### Inclusion (5)

- diagnosis of lateral epicondylitis
- duration of symptoms  $\geq$  6 weeks
- failed physical therapy
- absence of x-ray abnormalities
- written and informed consent

### Exclusion (6)

- prior joint infiltrations
- duration of symptoms  $\geq$  12 months
- concomitant rheumatoid diseases
- concomitant elbow pathologies, including medial epicondylitis
- concomitant radicular symptoms of the cervical spine, shoulder or hand
- ... and 1 more (see full listing online)

## Locations (1 total)

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