

Efficacy and Clinical Feasibility of the Ankle Muscle Power (AMP) Program for Return to Duty After an Ankle Fracture

NCT07173088

Status	RECRUITING
Phase	Not Applicable
Sponsor	Brian W. Noehren
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (5)

- Age 18-50 years old
- Acute orthopedic injury to the ankle requiring surgical fixation
- Must have stable address and phone number to schedule follow up contact visits
- English speaking
- BMI d 35 kg/m2

Exclusion (13)

- History of chronic pain defined as pain lasting more than 3 months and bothersome at least half the days over the past 6 months that started before the fracture
- Moderate or severe traumatic brain injury
- Initial treatment requiring amputation
- Spinal cord injury
- Unable to speak or read English
- ... and 8 more (see full listing online)

Locations (1 total)

University of Kentucky, Lexington, Kentucky, United States