

# Prevention of Recurrence With Cordyceps Sinensis in Mycobacterium Avium Complex Pulmonary Disease

NCT07174076

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Status	RECRUITING
Phase	Phase 4
Sponsor	Bin Cao
Enrollment	300 participants

## Key Eligibility Criteria

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### Inclusion (11)

- Patients voluntarily participate in the study and sign the informed consent form.
- Age between 18 and 75 years, inclusive; gender unrestricted.
- Confirmed diagnosis of MAC (Mycobacterium avium complex) lung disease according to either the 2020 ATS/IDSA guidelines or the Chinese Guideline for Diagnosis and Treatment of Nontuberculous Mycobacterial Disease (2020 edition). Imaging findings at baseline must show a nodular bronchiectatic pattern prior to treatment initiation.
- Completed the recommended treatment regimen for nodular-bronchiectatic MAC lung disease (macrolide + ethambutol + rifampin, with minimum 12-month duration) per the above guidelines within 3 months prior to screening; Fully completed the anti-infective treatment phase of this study. Participants must achieve bacteriologic negativity (two consecutive negative sputum cultures with an interval  $\geq$  4 weeks) by the end of their treatment course.
- For non-surgically sterilized women of childbearing potential:  
... and 6 more (see full listing online)

### Exclusion (12)

- Any allergy to drugs included in the treatment regimen.
- Completed anti-MAC therapy for more than 3 months.
- Active respiratory tract infection.
- Presence of congenital/acquired immunodeficiency diseases, active pulmonary malignancies (primary or metastatic), or any malignant tumors requiring chemotherapy/radiotherapy during screening or the study period.
- History of solid organ transplantation.  
... and 7 more (see full listing online)

## Locations (6 total)

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Anhui Chest Hospital, Hefei, Anhui, China  
Beijing Chest Hospital, Capital Medical University, Beijing, Beijing Municipality, China  
China-Japan Friendship Hospital, Beijing, Beijing Municipality, China  
... and 3 more locations

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<https://clinicaltrials.gov/study/NCT07174076>

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