

The Effects of Nextida-GC and Whey Protein on Postprandial Glycemic and Insulinemic Responses When Given 30min Before, 10min Before or With a Standardized Breakfast Test-meal in Healthy Adults With and Without Prediabetes

NCT07174323

Status	RECRUITING
Phase	Not Applicable
Sponsor	INQUIS Clinical Research
Enrollment	32 participants

Key Eligibility Criteria

Inclusion (16)

- Non-pregnant, non-lactating.
 - BMI 18.5 to 35.0 kg/m² inclusive.
 - n=20 with prediabetes: fasting glucose 5.6-6.9 mmol/L and/or HbA1c 5.7-6.4%.
 - n=12 without prediabetes: fasting glucose <5.6 mmol/L and HbA1c <5.7%.
 - Systolic blood pressure <160mmHg and diastolic blood pressure <100mmHg.
- ... and 11 more (see full listing online)

Locations (1 total)

INQUIS Clinical Research, Toronto, Ontario, Canada